



Time Zones

- [Africa Region, on page 1](#)
- [America Region, on page 3](#)
- [Antarctica Region, on page 8](#)
- [Arctic Region, on page 8](#)
- [Asia Region, on page 8](#)
- [Atlantic Region, on page 13](#)
- [Australia Region, on page 13](#)
- [Europe Region, on page 14](#)
- [Indian Region, on page 16](#)
- [Mideast Region, on page 16](#)
- [Pacific Region, on page 17](#)
- [Other Regions, on page 18](#)

Africa Region

The following lists the available time zones in the Africa region.

Africa

Africa/Abidjan

Africa/Accra

Africa/Addis_Ababa

Africa/Algiers

Africa/Asmara

Africa/Asmera

Africa/Bamako

Africa/Bangui

Africa/Banjul

Africa/Bissau

Africa/Blantyre

Africa/Brazzaville
Africa/Bujumbura
Africa/Cairo
Africa/Casablanca
Africa/Ceuta
Africa/Conakry
Africa/Dakar
Africa/Dar_es_Salaam
Africa/Djibouti
Africa/Douala
Africa/El_Aaiun
Africa/Freetown
Africa/Gaborone
Africa/Harare
Africa/Johannesburg
Africa/Juba
Africa/Kampala
Africa/Khartoum
Africa/Kigali
Africa/Kinshasa
Africa/Lagos
Africa/Libreville
Africa/Lome
Africa/Luanda
Africa/Lubumbashi
Africa/Lusaka
Africa/Malabo
Africa/Maputo
Africa/Maseru
Africa/Mbabane
Africa/Mogadishu
Africa/Monrovia
Africa/Nairobi
Africa/Ndjamena

Africa/Niamey
Africa/Nouakchott
Africa/Ouagadougou
Africa/Porto-Novo
Africa/Sao_Tome
Africa/Timbuktu
Africa/Tripoli
Africa/Tunis
Africa/Windhoek

America Region

The following lists the available time zones in the America region.

America/Adak
America/Anchorage
America/Anguilla
America/Antigua
America/Araguaina
America/Argentina/Buenos_Aires
America/Argentina/Catamarca
America/Argentina/ComodRivadavia
America/Argentina/Cordoba
America/Argentina/Jujuy
America/Argentina/La_Rioja
America/Argentina/Mendoza
America/Argentina/Rio_Gallegos
America/Argentina/Salta
America/Argentina/San_Juan
America/Argentina/San_Luis
America/Argentina/Tucuman
America/Argentina/Ushuaia
America/Aruba
America/Asuncion
America/Atikokan
America/Atka

America/Bahia
America/Bahia_Banderas
America/Barbados
America/Belem
America/Belize
America/Blanc-Sablon
America/Boa_Vista
America/Bogota
America/Boise
America/Buenos_Aires
America/Cambridge_Bay
America/Campo_Grande
America/Cancun
America/Caracas
America/Catamarca
America/Cayenne
America/Cayman
America/Chicago
America/Chihuahua
America/Coral_Harbour
America/Cordoba
America/Costa_Rica
America/Creston
America/Cuiaba
America/Curacao
America/Danmarkshavn
America/Dawson
America/Dawson_Creek
America/Denver
America/Detroit
America/Dominica
America/Edmonton
America/Eirunepe
America/El_Salvador

America/Ensenada
America/Fort_Wayne
America/Fortaleza
America/Glace_Bay
America/Godthab
America/Goose_Bay
America/Grand_Turk
America/Grenada
America/Guadeloupe
America/Guatemala
America/Guayaquil
America/Guyana
America/Halifax
America/Havana
America/Hermosillo
America/Indiana/Indianapolis
America/Indiana/Knox
America/Indiana/Marengo
America/Indiana/Petersburg
America/Indiana/Tell_City
America/Indiana/Vevay
America/Indiana/Vincennes
America/Indiana/Winamac
America/Indianapolis
America/Inuvik
America/Iqaluit
America/Jamaica
America/Jujuy
America/Juneau
America/Kentucky/Louisville
America/Kentucky/Monticello
America/Knox_IN
America/Kralendijk
America/La_Paz

America/Lima
America/Los_Angeles
America/Louisville
America/Lower_Princes
America/Maceio
America/Managua
America/Manaus
America/Marigot
America/Martinique
America/Matamoros
America/Mazatlan
America/Mendoza
America/Menominee
America/Merida
America/Metlakatla
America/Mexico_City
America/Miquelon
America/Moncton
America/Monterrey
America/Montevideo
America/Montreal
America/Montserrat
America/Nassau
America/New_York
America/Nipigon
America/Nome
America/Noronha
America/North_Dakota/Beulah
America/North_Dakota/Center
America/North_Dakota/New_Salem
America/Ojinaga
America/Panama
America/Pangnirtung
America/Paramaribo

America/Phoenix
America/Port_of_Spain
America/Port-au-Prince
America/Porto_Acre
America/Porto_Velho
America/Puerto_Rico
America/Rainy_River
America/Rankin_Inlet
America/Recife
America/Regina
America/Resolute
America/Rio_Branco
America/Rosario
America/Santa_Isabel
America/Santarem
America/Santiago
America/Santo_Domingo
America/Sao_Paulo
America/Scoresbysund
America/Shiprock
America/Sitka
America/St_Barthelemy
America/St_Johns
America/St_Kitts
America/St_Lucia
America/St_Thomas
America/St_Vincent
America/Swift_Current
America/Tegucigalpa
America/Thule
America/Thunder_Bay
America/Tijuana
America/Toronto
America/Tortola

America/Vancouver
America/Virgin
America/Whitehorse
America/Winnipeg
America/Yakutat
America/Yellowknife

Antarctica Region

The following lists the available time zones in the Antarctica region.

Antarctica/Palmer
Antarctica/Casey
Antarctica/Davis
Antarctica/DumontDURville
Antarctica/Macquarie
Antarctica/Mawson
Antarctica/McMurdo
Antarctica/Rothera
Antarctica/South_Pole
Antarctica/Syowa
Antarctica/Vostok

Arctic Region

The following lists the available time zones in the Arctic region.

Arctic/Longyearbyen

Asia Region

The following lists the available time zones in the Asia region.

Asia/Amman
Asia/Aden
Asia/Aden
Asia/Almaty
Asia/Almaty

Asia/Amman
Asia/Anadyr
Asia/Aqtau
Asia/Aqtau
Asia/Aqtobe
Asia/Aqtobe
Asia/Ashgabat
Asia/Ashgabat
Asia/Ashkhabad
Asia/Ashkhabad
Asia/Baghdad
Asia/Baghdad
Asia/Bahrain
Asia/Bahrain
Asia/Baku
Asia/Baku
Asia/Bangkok
Asia/Bangkok
Asia/Beirut
Asia/Beirut
Asia/Bishkek
Asia/Bishkek
Asia/Brunei
Asia/Brunei
Asia/Calcutta
Asia/Calcutta
Asia/Choibalsan
Asia/Choibalsan
Asia/Chongqing
Asia/Chongqing
Asia/Chungking
Asia/Colombo
Asia/Colombo
Asia/Dacca

Asia/Dacca
Asia/Damascus
Asia/Damascus
Asia/Dhaka
Asia/Dhaka
Asia/Dili
Asia/Dubai
Asia/Dubai
Asia/Dushanbe
Asia/Dushanbe
Asia/Gaza
Asia/Gaza
Asia/Harbin
Asia/Hebron
Asia/Hebron
Asia/Ho_Chi_Minh
Asia/Ho_Chi_Minh
Asia/Hong_Kong
Asia/Hovd
Asia/Hovd
Asia/Irkutsk
Asia/Istanbul
Asia/Istanbul
Asia/Jakarta
Asia/Jakarta
Asia/Jayapura
Asia/Jerusalem
Asia/Jerusalem
Asia/Kabul
Asia/Kabul
Asia/Kamchatka
Asia/Karachi
Asia/Karachi
Asia/Kashgar

Asia/Kathmandu
Asia/Kathmandu
Asia/Katmandu
Asia/Katmandu
Asia/Kolkata
Asia/Kolkata
Asia/Krasnoyarsk
Asia/Kuala_Lumpur
Asia/Kuching
Asia/Kuwait
Asia/Kuwait
Asia/Macao
Asia/Macau
Asia/Magadan
Asia/Makassar
Asia/Manila
Asia/Muscat
Asia/Muscat
Asia/Nicosia
Asia/Nicosia
Asia/Novokuznetsk
Asia/Novokuznetsk
Asia/Novosibirsk
Asia/Novosibirsk
Asia/Omsk
Asia/Omsk
Asia/Oral
Asia/Oral
Asia/Phnom_Penh
Asia/Phnom_Penh
Asia/Pontianak
Asia/Pontianak
Asia/Pyongyang
Asia/Qatar

Asia/Qatar
Asia/Qyzylorda
Asia/Qyzylorda
Asia/Rangoon
Asia/Rangoon
Asia/Riyadh
Asia/Riyadh
Asia/Riyadh87
Asia/Riyadh87
Asia/Riyadh88
Asia/Riyadh88
Asia/Riyadh89
Asia/Riyadh89
Asia/Saigon
Asia/Saigon
Asia/Sakhalin
Asia/Samarkand
Asia/Samarkand
Asia/Seoul
Asia/Shanghai
Asia/Singapore
Asia/Taipei
Asia/Tashkent
Asia/Tashkent
Asia/Tbilisi
Asia/Tbilisi
Asia/Tehran
Asia/Tehran
Asia/Tel_Aviv
Asia/Tel_Aviv
Asia/Thimbu
Asia/Thimbu
Asia/Thimphu
Asia/Thimphu

Asia/Tokyo
Asia/Ujung_Pandang
Asia/Ulaanbaatar
Asia/Ulan_Bator
Asia/Urumqi
Asia/Vientiane
Asia/Vientiane
Asia/Vladivostok
Asia/Yakutsk
Asia/Yekaterinburg
Asia/Yekaterinburg
Asia/Yerevan
Asia/Yerevan

Atlantic Region

The following lists the available time zones in the Atlantic region.

Atlantic/Bermuda
Atlantic/Azores
Atlantic/Canary
Atlantic/Cape_Verde
Atlantic/Faeroe
Atlantic/Faroe
Atlantic/Jan_Mayen
Atlantic/Madeira
Atlantic/Reykjavik
Atlantic/South_Georgia
Atlantic/St_Helena
Atlantic/Stanley

Australia Region

The following lists the available time zones in the Australia region.

Australia/Perth
Australia/ACT

Australia/Adelaide
Australia/Brisbane
Australia/Broken_Hill
Australia/Canberra
Australia/Currie
Australia/Darwin
Australia/Eucla
Australia/Hobart
Australia/LHI
Australia/Lindeman
Australia/Lord_Howe
Australia/Melbourne
Australia/North
Australia/NSW
Australia/Queensland
Australia/South
Australia/Sydney
Australia/Tasmania
Australia/Victoria
Australia/West
Australia/Yancowinna

Europe Region

The following lists the available time zones in the Europe region.

Europe/Belfast
Europe/Amsterdam
Europe/Andorra
Europe/Athens
Europe/Belgrade
Europe/Berlin
Europe/Bratislava
Europe/Brussels
Europe/Bucharest
Europe/Budapest

Europe/Chisinau
Europe/Copenhagen
Europe/Dublin
Europe/Gibraltar
Europe/Guernsey
Europe/Helsinki
Europe/Isle_of_Man
Europe/Istanbul
Europe/Jersey
Europe/Kaliningrad
Europe/Kiev
Europe/Lisbon
Europe/Ljubljana
Europe/London
Europe/Luxembourg
Europe/Madrid
Europe/Malta
Europe/Mariehamn
Europe/Minsk
Europe/Monaco
Europe/Moscow
Europe/Nicosia
Europe/Oslo
Europe/Paris
Europe/Podgorica
Europe/Prague
Europe/Riga
Europe/Rome
Europe/Samara
Europe/San_Marino
Europe/Sarajevo
Europe/Simferopol
Europe/Skopje
Europe/Sofia

Europe/Stockholm
Europe/Tallinn
Europe/Tirane
Europe/Tiraspol
Europe/Uzhgorod
Europe/Vaduz
Europe/Vatican
Europe/Vienna
Europe/Vilnius
Europe/Volgograd
Europe/Warsaw
Europe/Zagreb
Europe/Zaporozhye
Europe/Zurich

Indian Region

The following lists the available time zones in the Indian region.

Indian/Antananarivo
Indian/Chagos
Indian/Christmas
Indian/Cocos
Indian/Comoro
Indian/Kerguelen
Indian/Mahe
Indian/Maldives
Indian/Mauritius
Indian/Mayotte
Indian/Reunion

Mideast Region

The following lists the available time zones in the Mideast region.

Mideast/Riyadh87
Mideast/Riyadh88

Mideast/Riyadh89

Pacific Region

The following lists the available time zones in the Pacific region.

Pacific/Midway

Pacific/Apia

Pacific/Auckland

Pacific/Chatham

Pacific/Chuuk

Pacific/Easter

Pacific/Efate

Pacific/Enderbury

Pacific/Fakaofu

Pacific/Fiji

Pacific/Funafuti

Pacific/Galapagos

Pacific/Gambier

Pacific/Guadalcanal

Pacific/Guam

Pacific/Honolulu

Pacific/Johnston

Pacific/Kiritimati

Pacific/Kosrae

Pacific/Kwajalein

Pacific/Majuro

Pacific/Marquesas

Pacific/Nauru

Pacific/Niue

Pacific/Norfolk

Pacific/Noumea

Pacific/Pago_Pago

Pacific/Palau

Pacific/Pitcairn

Pacific/Pohnpei

Pacific/Ponape
Pacific/Port_Moresby
Pacific/Rarotonga
Pacific/Saipan
Pacific/Samoa
Pacific/Tahiti
Pacific/Tarawa
Pacific/Tongatapu
Pacific/Truk
Pacific/Wake
Pacific/Wallis
Pacific/Yap

Other Regions

The following lists the available time zones in the other regions.

US/Samoa
ACT
AET
AGT
ART
AST
aZ-CHAT
BET
Brazil/Acre
Brazil/DeNoronha
Brazil/East
Brazil/West
BST
Canada/Atlantic
Canada/Central
Canada/Eastern
Canada/East-Saskatchewan
Canada/Mountain
Canada/Newfoundland

Canada/Pacific
Canada/Saskatchewan
Canada/Yukon
CAT
CET
Chile/Continental
Chile/EasterIsland
CNT
CST
CST6CDT
CTT
Cuba
EAT
ECT
EET
Egypt
Eire
EST
EST5EDT
GB
GB-Eire
GMT
GMT0
Greenwich
Hongkong
HST
Iceland
IET
Iran
Israel
IST
Jamaica
Japan
JST

Kwajalein
Libya
MET
Mexico/BajaNorte
Mexico/BajaSur
Mexico/General
MIT
MST
MST7MDT
Navajo
NET
NST
NZ
PLT
PNT
Poland
Portugal
PRC
PRT
PST
PST8PDT
ROK
Singapore
SST
SystemV/AST4
SystemV/AST4ADT
SystemV/CST6
SystemV/CST6CDT
SystemV/EST5
SystemV/EST5EDT
SystemV/HST10
SystemV/MST7
SystemV/MST7MDT
SystemV/PST8

SystemV/PST8PDT
SystemV/YST9
SystemV/YST9YDT
Turkey
UCT
Universal
US/Alaska
US/Aleutian
US/Arizona
US/Central
US/Eastern
US/East-Indiana
US/Hawaii
US/Indiana-Starke
US/Michigan
US/Mountain
US/Pacific
US/Pacific-New
UTC
VST
WET
W-SU
Zulu

